Mental Health Services

Rocketship Public School's is committed to providing mental health services to meet the needs of all students in the District. These services include: Special Education, Homeless & Foster Youth Services, Health Services, Counseling, Social Skills Groups, and 504 Plans to name a few.

Counseling: Each school site can provide some type of counseling and intervention services to high-risk students and their families. These services are accessed through our MTSS system and pre-referral process. Supplemental counseling services are available at all sites through community mental health agencies. Written permission from a parent/guardian is required for a student to participate in supplementary counseling services.

State law provides that parent/guardian permission may not be required for a student over the age of 12 under the following conditions: the child may present a danger of harm to themself or others or is the alleged victim of child abuse; or involvement of the parent/guardian would be detrimental to the child's welfare. In these circumstances, the community agency counselor may make a report to a children's protective agency.

Resources:

If you have a serious and immediate safety concern regarding a student (yourself or a friend), please call 9-1-1. If your concern needs immediate mental health attention support is also availability by contacting one of the hotlines listed below.

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HOTLINES

Bill Wilson SOS Crisis Hotline

Description: 24-Hour Crisis Line

Hotline: 408-278-2585

Uplift Crisis

Description: 24-Hour Crisis Line

Hotline: 408-379-9085 or toll-free 877-412-7474

Alum Rock Crisis

Description: A 24/7 mobile community response support line.

Hotline: 408-294-0579

Child Protective Services

Description: Accepts reports about children 17 or younger who may be in danger to abuse, abandonment and exploitation.

Hotline: 800-632-4615

Crisis Text Line

Description: Free 24/7 support for people in crisis.

Hotline: Text "HOME" to 741741

Domestic Violence Crisis Line

Description: Free 24/7 crisis hotline.

Hotline: 800-572-2782

EMQ Mobile Crisis

Description: Mobile crisis support for minor: 5150 assessment, support, and safety planning.

Hotline: 408-379-9085

National Suicide Prevention Lifeline

Description: Suicide prevention hotline and services.

English: 800-273-TALK Español: 888-628-9454 TTYY: 800-799-4889

Online chat: suicidepreventionlifeline.org

Santa Clara County Suicide & Crisis Hotline

Description: Suicide & Crisis Hotline Available 24hrs/7days.

Hotline: 1-855-278-4204 Website: <u>www.sccgov.org</u>

Shelter Bed Hotline

Description: Hotline with information about emergency shelters in the Bay Area.

Hotline: 800-SHELTER

YWCA Silicon Valley

Description: 24 hour live crisis assistance and counseling services for sexual assault,

domestic violence, and human trafficking.

Hotline: 800-572-2782 Website: www.ywca-sv.org

Mental Health Resources

Bill Wilson Center

Description: Serves youth and families focusing on housing, education, counseling and

advocacy.

Phone: 408-243-0222

Website: www.billwilsoncenter.org

Bill Wilson Center: Center for Living with Dying

Description: Grief counseling, support groups, community crisis support, parent support.

Phone: 408-243-0222

Website: www.billwilsoncenter.org

Bill Wilson Center

Description: Services for homeless & runaway youth.

Phone: 408-850-6125

Website: www.billwilsoncenter.org

Foothill Community Health Center

Description: Counseling and medical services.

Phone: 408-729-9700

Website: http://www.sjffcc.org/counseling.html

National Runaway Safeline

Description: Anonymous and confidential runaway support services for young people.

Phone: 800-RUNAWAY

Website: www.1800runaway.org

The Food Connection

Description: Referrals to people needing food assistance in Santa Clara County.

Phone: 800-984-3663

The Opportunity Center

Description: Establish affordable homes and enable the provision of beneficial services for

very low-income or homeless individuals and families.

Phone: 650-853-8672

Website: <u>www.communityworkinggroup.org</u>

Your House South

Description: Temporary housing and counseling center for youth experiencing family problems or who have run away from home.

Phone: 650-367-9687

National Human Trafficking Hotline

Description: 24/7 hotline. Phone: 888-373-7888

Text "HELP" to 233733 (BeFree)

Website: https://humantraffickinghotline.org

Community Overcoming Relationship Abuse

Description: Provides crisis intervention, counseling and civil legal services for victims of

domestic violence. Phone: 800-300-1080

Domestic Violence Intervention Collaborative

Description: Individual therapy, groups, and classes.

Phone: 408-294-0006

Website: www.dvintervention.org

U.S. Department of Justice

Description: Information for Parents & Guardians talking with children about sexual abuse

and violence.

Website: www.nsopw.gov

YWCA Silicon Valley

Description: Rape crisis intervention, advocacy and accompaniment, individual, group, family counseling, sexual assault, domestic violence, and human trafficking support,

emergency shelter and legal help.

Crisis: 800-572-2782 San Jose: 408-295-4011 Website: www.ywca-sv.org

AACI Substance Abuse Program

Description: Individual, group, and family therapy for drug & alcohol, anger management,

domestic violence, parenting classes.

Phone: 1-800-488-9914 Website: <u>www.aaci.org</u>