

AUGUST | 2022

LUNCH MENU PK - 12



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|---|--|--|---|
| 1 Turkey Taco PK: Sweet Corn *Mexican Chili Beans Sliced Carrots Brown Rice Tropical Fruit Cup | 2 Oven Roasted Chicken Sweet Corn *Green Beans Dinner Roll Fresh Apple | 3 Cheese Pizza *California Blend Veggies Applesauce | 4 Hamburger Fresh Baby Carrots *Sliced Pickles Fresh Orange | 5 Chicken Tenders Steamed Broccoli *Pinto Beans Craisins |
| 8 Diced Chicken Taco Pinto Beans *Green Beans Brown Rice Tropical Fruit Cup | 9 Turkey Hot Dog PK: Chicken Tenders Fresh Baby Carrots *Fresh Cucumber Slices Fresh Orange | 10 Spaghetti with Meat Sauce California Blend Veggies Garlic Bread Stick Cinnamon Applesauce | 11 Teriyaki Chicken *Steamed Broccoli Green Peas Brown Rice Fresh Apple | 12 Chicken Nuggets Sweet Corn *Tater Tots Craisins |
| 15 Cheesy Vegetarian Nachos *Vegetarian Refried Beans Sliced Jalapeños Tropical Fruit Cup | 16 PK: Chicken Nuggets with Corn K-12: Chicken Corn Dog Fresh Baby Carrots SunSplash Veggie Juice | 17 Chicken Quesadilla * Sliced Carrots Sweet Corn Fresh Apple | 18 Orange Chicken with Veggies Steamed Broccoli Applesauce | 19 Penne Chicken Alfredo *California Blend Veggies Craisins |
| 22 Turkey Taco PK: Sweet Corn *Mexican Chili Beans Sliced Carrots Brown Rice Tropical Fruit Cup | 23 Oven Roasted Chicken Sweet Corn *Green Beans Dinner Roll Fresh Apple | 24 Cheese Pizza *California Blend Veggies Applesauce | 25 Hamburger Fresh Baby Carrots *Sliced Pickles Fresh Orange | 26 Chicken Tenders Steamed Broccoli *Pinto Beans Craisins |
| 29 Diced Chicken Taco Pinto Beans *Green Beans Brown Rice Tropical Fruit Cup | 30 Turkey Hot Dog PK Chicken Tenders Fresh Baby Carrots *Fresh Cucumber Slices Fresh Orange | 31 Spaghetti with Meat Sauce California Blend Veggies Garlic Bread Stick Cinnamon Applesauce | 1 Teriyaki Chicken *Steamed Broccoli Green Peas Brown Rice Fresh Apple | 2 Chicken Nuggets Sweet Corn *Tater Tots Craisins |

Welcome
BACK TO
SCHOOL

News

PK3 & PK4: Menu and portions vary from K-12. Receive daily 1.5oz meat/meat alternate, 1/2oz grain, 1/4cup fruit, 1/4cup veggie, and white milk.
* = PK Veggie

K-12: Two types of milk offered daily

9-12: Offer Vs Serve - Must select at least 3 out of the 5 food components including: 1/2 cup of fruit/and or vegetable. 2 types of vegetables and 2 types of fruit are offered daily.

DIWA
KITCHEN **co**

Menu Subject to Change to Food Availability